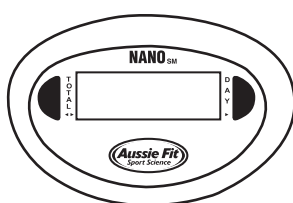


Pedometer Use Instructions.

Aussie Fit Sport Science

GEN-3 NANO-sm step memory model



FEATURES

1. Records number of steps taken to 999,999 steps
 2. Memory storage of daily and cumulative steps
 3. Auto power ON/OFF
 4. No programming required for immediate use, just clip on and go!
- **Auto Filter Sensor:**
5 steps movement sensor filters out irregular results and activates only after 5 or more steps.
 - **Delayed Reset Button:**
This is to prevent accidentally erasing reset the records on the display.
 - **Accurate Pendulum Movement:**
The pedometer is controlled by an internal pendulum that moves down with each step that you take and springs up again.

TO OPERATE THE PEDOMETER

1. Press the "DAY" button to show day records.
2. Press the "TOTAL" button again to show total records.
3. Start walking or running. The display registers the number of steps taken to 999,999 steps (excluding irregular movements).

TO RESET THE PEDOMETER

1. DAY-Hold the "DAY" button for 3 seconds to reset trip/day records to zero.
2. TOTAL -Hold the "TOTAL" button to reset day/total records to zero.
3. Reset the "DAY" records everyday to start working program per day.
4. The total mode stores cumulative steps taken over 3 months to 999,999 steps.

Note: All resets must be done manually.

The concept is to use the "DAY" counter as a daily or trip/workout counter while also having a cumulative count that can be a separate weekly, monthly, or any period your choose.

AUTO POWER ON/OFF

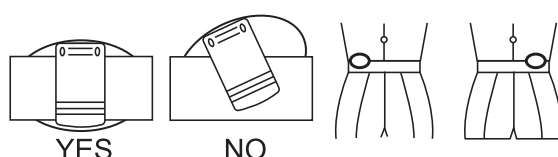
1. The display will blank when no activity has been detected for 4 minutes.
2. Press any button or walk 5 steps to power ON the unit.

AUTO MOVEMENT SENSOR

1. To filter out random movements, the unit remains in standby mode until five (5) continuous steps are registered. Only then are the 5 steps calculated in, and an Active indicator "▲" appears on the upper left of display.
2. When regular walk/run movement stops, after 2 seconds the timer pauses and the unit switches to standby status (Active indicator "▲" disappears).

TO POSITION THE PEDOMETER

1. Clip the unit to your belt or to the top of your shorts, trousers or slacks as close to your hip as possible.
2. The unit is vertical to the ground as this will aid in proper function and make the display easy to read.



BATTERY REPLACEMENT

1. Remove the rear cover of the unit with a screwdriver or similar tool.
2. Remove and replace battery with Maxell LR43 or equivalent.
3. Make sure that the "+" side is up.
4. Pedometer is not waterproof. Keep away from any liquid.
5. Treat it carefully. Do not drop it or expose it to shock.

Aussie Fit Sport Science

Fair Dinkum Warranty

We are so confident in our pedometer quality we offer a three year warranty from the date of purchase against any manufacturer defect when used as instructed for its designed purpose.

The battery will last over one year and is easily self replaced or by a battery kiosk or watchmaker.

The pedometer is not waterproof, however we understand accidents can occur and pedometer damage may result. As a "fair dinkum" Aussie Company we offer to replace your pedometer at 50% of the purchase price should you accidentally damage it.

Simply send your damaged pedometer with a covering note and 50% of the purchase price plus \$10.00 postage and handling fee to:

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Burleigh Heads Qld 4220
Australia
Ph/Fax (07) 5576 3688
Email sales@aussiefitsport.com.au
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Please note this warranty offer is only available directly through Aussie Fit Sport Science Pty Ltd